



ProHR Solutions

Helping students gain Industry needs.

ProHR Solutions is the brain child of a team of HR Professionals and Psychologists. We work for handholding of students and working professionals to bring in a positive change towards a better tomorrow.

We assess, understand, counsel and train. We have been conducting various programs for Academic and Professional Institutes. Empowering 'THE INDIVIDUAL' is our motto.

Our training programs are designed to meet Industry needs and demands. We make the students learn how to convert strengths into skills and instill self-motivation and a 'can do' attitude. The ultimate purpose is to make each of them stand out with their hidden potential. We provide an excellent platform to explore and find out the real self.

We prepare the students for tomorrow, today!

We are a team with rich Industry exposure and thus share practical experiences to make the learning of students memorable and useful. We bridge the gap in qualification ~ knowledge, awareness ~ understanding.

Some of our salient features that have ensured us success and positive feedback every single time are:

- Assessment based training
- Wonderful insights through self tests and exercise



- Participative program to make it interactive
- Motivational and inspirational inputs
- Case studies and real life experience sharing
- Methods of applying learning to practice
- Post training support in addressing queries and concerns
- Industry Interfacing
- Discussion Forums

Some of our training programs:

- Interviewee Skills
- Basic Communication Skills
- Personality Development
- Time Management
- Assertiveness
- Goal Setting
- Self-Motivation
- Personal and Interpersonal Effectiveness
- Presentation Skills
- Industry Orientation
- Workplace Etiquettes

Each of these is available in basic, advanced and long term workshop mode.

We make it customized for your exact need!



Our Approach:

To bring effectiveness, the batch of students is divided into considerable group sizes. Another aspect of effectiveness is planned by making the students brainstorm on relevant topics as per the session and then sharing of the tips or checklists by the trainer. This makes the students confident of the findings as they themselves play a part rather than simply being at the receiver's end.

Role-plays make the students aware of different approaches to situations and also learn from others. This gives the students a platform to observe, express, analyse and bring in a fresh outlook.

Various games and exercises are used to make the students learn as well as practice the inherent message of the program. Moreover, these help in making the students participate more.

The uses of relevant audio-visuals are in place to add liveliness in the sessions.

Duration and batch size:

These programs are conducted for a batch of 25-60 students depending on the nature of program. The duration ranges from 4 hrs to 40 hrs. The same can be worked out after assessing the level, needs and expectations of participants.

You can choose your need based module and opt for the duration and batch size.

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Visit us at: www.prohrsolutions.in

